



# Fell Dyke Community Primary School

## PE Development and Action Plan 2018-19

Our whole school focus over the next 12 months will be to increase the levels of participation from all children in line with the government's Childhood Obesity Strategy and the fundamental elements of the Sainsbury's School Games and Olympic legacy. Guidelines from the Government's expectation of how Sport Premium should be spent form the subsections below.

*Childhood Obesity Plan focus points:*

1. *Today nearly a third of children leaving primary school are obese or overweight.*
2. *Every primary school child should get at least 60 minutes of moderate to vigorous physical activity a day. At least 30 minutes should be delivered in school every day through active break times, PE, extra-curricular clubs, active lessons, or other sport and physical activity events, with the remaining 30 minutes supported by parents and carers outside of school time.*
3. *Sainsbury's School Games Mark contains various points about engaging the inactive population amongst the children and increasing elements engaging children with SEND.*

**This year the Sport Premium will be doubled with the following formula:**

***Schools with 17 or more eligible pupils receive £16,000 and an additional payment of £10 per pupil.***

***Fell Dyke Primary School = £18,450***

Responsibility Area: Physical Education		Strategic Lead: Kate Savage Subject Leader: Katie Mitchinson	Link Governor: Richard Marshall
<b>Outcomes: What success will look like for pupils:</b> <ul style="list-style-type: none"> <li>Engagement of all pupils in at least 30 minutes of regular physical activity daily.</li> <li>Profile of Physical Education and School Sports is raised and participation increased.</li> <li>Children in KS1 and KS2 are exposed to a broader range of events and activities during curriculum and extra-curricular time.</li> <li>Lessons are high quality and show clear progression of skills.</li> <li>Increased percentage of children will meet the national requirement to be able to swim 25 meters by the end of key stage two.</li> </ul>			
<b>Outcome</b>			
<b>Engagement of all pupils in at least 30 minutes of regular physical daily activity.</b>			
Objective	Actions	Sustainability	Funding
<b>Promote an active lifestyle for all pupils in KS1 and KS2 and increase awareness of the 60 active minutes each day.</b>	<p>School will commit to 5 minutes of active cardio at the start of each PE lesson, incorporated into a warm up activity.</p> <p>Teachers will use GoNoodle (or other channels on Youtube), Wake Up Shake Up to get classes up on their feet during lessons and complete 5 minutes daily.</p> <p>Healthy Lifestyles will be promoted in assemblies, lessons and sporting events.</p> <p>Change 4 Life Cooking programme and workshops will be delivered to all year groups 1-6 I Autumn term.</p> <p>Buy in to the WOW walk to school scheme to promote active mornings and track activity from Reception – Y6. Fortnightly updates promoted on twitter.</p>	<p>Children will be taught the importance of maintaining active and healthy lifestyles.</p> <p>Make children more aware of their own activity levels and help them to make sensible choices in the future.</p> <p>Promoting local clubs and sporting events will encourage children to pursue their own active lifestyles and make them life-long members of hobbies and sports they enjoy.</p>	<p>Change 4 Life cooking programme to be booked to teach a healthy eating workshop to each year group. £350(Full Day Workshop)</p> <p>WOW Walk to School Scheme.</p> <p>Subscription to GoNoodle and BBC Movers. FREE + WUSU paid 2015.</p>
<b>Get more inactive children involved in sports and physical activity.</b>	<p>Change 4 Life Breakfast Club to run every Tuesday from 8am. Target less active children and encourage parents to bring them.</p> <p>Promote active lifestyles in assemblies, lessons and around school.</p>	<p>Wrist bands offered as an incentive for the club and allow children to track their own activity each day.</p> <p>Sports leaders trained from Y4-6 to ensure a continuous rota of children can deliver sessions and train younger pupils.</p>	<p>Change 4 Life resource pack and wrist bands will need to be purchased to promote the club. £50.</p> <p>Purchase high vis vests/ hoodies labelled with sports leaders to clearly highlight their roles in school. £100.</p>

	<p>Sports Leaders and Buddies to run lunchtime clubs In MUGA/ field and encourage children to participate in physical activity at lunch times.</p> <p>Less active children and those with SEND will be invited to take part in the Sportability events throughout the year.</p>		
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**Impact:**

**Autumn Term:**

**Spring Term:**

**Summer Term**

**Outcome**

**Profile of Physical Education and School Sports is raised and participation increased.**

<b>Objective</b>	<b>Actions</b>	<b>Sustainability</b>	<b>Funding</b>
<p><b>To ensure school has the necessary equipment for children to use to be active at breaktimes.</b></p>	<p>New equipment to be ordered for break and lunch times to engage children and keep them active.</p> <p>Older equipment will be audited and replaced if unsuitable.</p> <p>Playground buddies trained to use equipment and lead activities.</p>	<p>Equipment should be high quality and adaptable for break times and lessons – this will be easily accessible and available to all pupils.</p> <p>Sports leaders trained from Y4-6 to ensure a continuous rota of children can deliver sessions and train younger pupils.</p> <p>Improved behaviour at break times as less children will be taking part in sedentary activities.</p>	<p>Equipment purchasing <b>£2000</b></p> <p>Buddy training used as part of the support offered by SSP. FREE</p>
<p><b>Active Classrooms Promotion</b></p>	<p>At least one English, Maths and Creative lesson to be planned and delivered as an active lesson each week.</p> <p>The use of GoNoodle, BBC Movers and WUSU daily to establish an extra 5 minutes of physical activity.</p> <p>WOW to be filled in daily and discussed with children.</p>	<p>Physical activity will become part of the daily routine and not just associated with break and lunch times or PE lessons.</p> <p>Maintains that all children are engaged as it is embedded into the lesson.</p>	<p>Health In School Subscription <b>£550</b></p>

	<p>Extra 10 minute break time for pupils in Y2 -6 in the afternoon. Teachers to choose when they would like to deliver it and facilitate activities during.</p> <p>Encourage outdoor learning as this lends itself to active lessons. Each class to be given a forest slot to use weekly.</p> <p>Creative homework to include at least one activity which encourages movement and physical activity. Teachers encourage children to share their work on twitter and through pictures.</p>	Homework will promote school ethos to parents and encourage them to share their child's sporting/ physical achievements.	
<b>Promote Pupil voice.</b>	<p>School Council and Sports Council to make Physical Education and Sport a priority during meetings.</p> <p>To encourage pupil voice in decision making. School Council to undertake pupil surveys on equipment, lessons and what children would like to see from school sport.</p> <p>Children who take part in out of school activities rewarded in assemblies and talents promoted on PE board.</p>	If pupils are engaged in their lessons and the opportunities provided then they will be more likely to cooperate and enjoy their learning.	

**Impact:**

**Autumn Term:**

**Spring Term:**

**Summer Term**

**Outcome**

**Children in KS1 and KS2 are exposed to a broader range of events and activities during curriculum and extra-curricular time.**

<b>Objective</b>	<b>Actions</b>	<b>Sustainability</b>	<b>Funding</b>
<b>To ensure children have access to trained coaches who can provide children with opportunities to take part in a range of sporting activities.</b>	Coaching will be a major focus for whole school improvement this year. This will ensure high quality lessons are being delivered and that staff are confident in	Staff will be fully trained to deliver a specific sport and set of skills. This will mean we have established MTP for future reference. Staff can also lead after school clubs in these	Gymnastics - Grassroots to deliver the sessions on Mondays (all day) and Tuesdays (mornings) for the whole Autumn term. <b>£2,880.</b>

	<p>teaching them. It will expose children to a range of activities that they might not otherwise be able to take part in.</p> <p>After school clubs will be delivered by staff and coaches throughout the year.</p>	<p>areas once trained.</p> <p>Coaches are affiliated with local clubs and will promote these in lessons. This may encourage more children to take up sports and hobbies outside of school and become life-long learners in these areas.</p>	<p>Rugby Y3/4 - Coaching through SSP charged at £22 per hour. £264 for Autumn 1 half term.</p> <p>Rugby Y6 - Coaching through Newcastle Falcons charged at £500 for Autumn 1 half term (Year 4 given Greggs free scheme).</p> <p>Tennis Y3/4 - Coaching through SSP charged at £22 per hour. £264 for Spring 1 half term.</p> <p>Dance Y1 - Coaching through SSP charged at £27 per hour. £324 for Spring 1 half term.</p> <p>Football Y1 - Coaching through SSP charged at £22 per hour. £264 for Spring 2 half term.</p> <p>Mini Basketball Y2 - Coaching through SSP FREE coaching block.</p> <p>Football Y6 - Coaching through SSP FREE coaching block.</p> <p>Fencing KS2 - Coaching through SSP charged at £22 per hour. £132 for Summer 2 half term.</p> <p>Gymnastic Coach ASC- Y1-Y6-£1300</p>
<p><b>To increase children’s participation in local sporting activities and events within the community.</b></p>	<p>Promote local events and celebrate them in school assemblies.</p> <p>Encourage children and parents to share their achievements through twitter and</p>	<p>Promoting these achievements may encourage other children to join clubs and become more active.</p>	

	<p>assemblies. Examples:</p> <ul style="list-style-type: none"> <li>• Jr GNR</li> <li>• Parkruns</li> <li>• Fun runs</li> <li>• Race for Life</li> <li>• Football competitions/ club affiliations</li> <li>• Dance Clubs</li> <li>• Martial Arts</li> </ul> <p>Promote local sports clubs on the PE board and through the website.</p>		
<p><b>To ensure all children are able to take part in Inter/ Intra Competitions regularly.</b></p>	<p>Each year group should deliver an intra tournament at least once a term – this will be monitored. Class trophies to be handed out to winners and displayed prominently in classrooms.</p> <p>PE lessons and sporting events promoted on the website and twitter fortnightly.</p> <p>All classes/ year groups will be entered into at least two competitions/ tournaments across the year and children from all age groups will take part in inter school tournaments/ festivals.</p> <p>School Games Day scheduled for Thursday 23<sup>rd</sup> May 2019. The values of the Olympics and of sportsmanship should be discussed and promoted around school.</p> <p>Sports day to be scheduled for Summer 2 half term. Promoted to parents.</p>	<p>Children should be familiar with the organisation of games and competitions and promote the values of sportsmanship and the Olympic games.</p> <p>Parents should be made aware of their child’s learning and the importance of physical activity. This will encourage more at home and with parents.</p>	<p>Investment in Gold Level and Platinum SLA with Gateshead School Sports Partnership (SSCo) £6163</p> <p>Transport Costs £2500</p>
<p><b>To provide opportunities for children in Y4 and Y5 to take part in outdoor activities during a short residential.</b></p>	<p>Residential visits to be researched as an opportunity for Y3/4 and 5. To expose children to a range of outdoor activities that</p>	<p>Create links with local camp sights and places of interest. Encourage children and parents to visit local heritage sites and be</p>	<p>TBC</p>

	they may be unfamiliar with.	more active.	
<b>Impact:</b>			
<b>Autumn Term:</b>			
<b>Spring Term:</b>			
<b>Summer Term:</b>			
<b>Outcome</b>			
<b>Lessons are high quality and show clear progression of skills</b>			
<b>Objective</b>	<b>Actions</b>	<b>Sustainability</b>	<b>Funding</b>
<b>To ensure all staff receive high quality CPD in order to deliver good PE sessions.</b>	<p>Train TAs in active lesson ideas to use during intervention time. KM to deliver in Autumn term.</p> <p>Whole school gymnastics training/ coaching will help staff to deliver high quality lessons and develop a clear progression of skills throughout the whole school.</p> <p>Y3/4 to develop rugby lessons with the help of a coach from Gateshead SSP.</p> <p>Year 4/6 to develop rugby lessons through use of Falcons coaches.</p>	<p>Active interventions will target children who have been identified as less active and under achieving. Being active helps neurons to connect and for new learning/ concepts to embed more easily.</p> <p>Teachers will work closely alongside coaches to develop lessons and a progression of skills. This will ensure that all staff have been trained and upskilled in this area of sport and can then deliver high quality lessons independently in the future.</p> <p>Teachers to work closely along-side the coach to plan and deliver lessons and keep plans for future reference.</p> <p>Teachers to work closely along-side the coach to plan and deliver lessons and keep plans for future reference.</p>	<p>N/A</p> <p>For coaching costs see coaches section of development plan.</p>

	<p>Year 3/4 to develop tennis lessons through use of a coach.</p> <p>Year 1 to develop dance lessons through use of a coach.</p> <p>Year 1 to develop football lessons through use of a coach.</p> <p>Year 2 to develop throwing and catching skills through Mini basketball coach.</p> <p>Year 6 to develop football skills through use of a coach.</p> <p>Teachers and support staff will identify areas that they may need developing and KM can make sure they attend relevant CPD sessions throughout the year.</p> <p>Three PE INSETs will be scheduled for the year (one each term) to update staff on any changes/ developments in the subject.</p>	<p>Teachers to work closely along-side the coach to plan and deliver lessons and keep plans for future reference. EH has already had this CPD and will continue to run her own lessons successfully.</p> <p>Teachers to work closely along-side the coach to plan and deliver lessons and keep plans for future reference.</p> <p>Teachers to work closely along-side the coach to plan and deliver lessons and keep plans for future reference.</p> <p>Teachers to work closely along-side the coach to plan and deliver lessons and keep plans for future reference.</p> <p>Teachers to work closely along-side the coach to plan and deliver lessons and keep plans for future reference.</p> <p>Staff made aware of current findings/ developments in PE and school sport. This will filter into lessons and have a positive impact.</p>	<p>SSP affiliation entitles teachers to attend CPD sessions free of charge.</p>
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**Impact:**

**Autumn Term:**



<b>Spring Term:</b>			
<b>Summer Term</b>			
<b>Outcome</b>			
<b>Increased percentage of children who will meet the national requirement to be able to swim 25m by the end of KS2.</b>			
<b>Objective</b>	<b>Actions</b>	<b>Sustainability</b>	<b>Funding</b>
<b>To ensure children in Y5 have access to high quality swimming lessons weekly</b>	<p>Sign up to ASA School swimming charter and purchase certificates and badges to award children.</p> <p>Two members of staff need to be water safety trained under new guidelines and will help support swimming instructors to deliver lessons.</p>	<p>ASA will send resources to download and keep filed away for staff who will be supporting swimming lessons.</p> <p>Staff will be trained to deliver parts of lessons to pupils thus decreasing the need for extra swimming instructors and freeing up time to focus on children who need extra support.</p>	<p>Restock badges and certificates for swimming awards. £150</p> <p>Staff training</p>
<b>To ensure children in Y6 have access to intense high quality swimming lessons in order to achieve 25 m.</b>	<p>Children not on track to achieve 25 meters award by the end of year identified by swimming teachers in Summer term 18.</p> <p>Extra intensive swimming classes will be provided for identified children to increase pupil: swimming teacher ratio. This will run for ten sessions in Autumn 1.</p> <p>School Staff trained to deliver small group / 1:1 swimming sessions to children identified by instructors.</p>	<p>Children who have not met ARE in swimming have been identified and targeted. This will increase the percentage of children achieving 25m by the end of KS2.</p>	<p>Transport Costs £700</p>
<b>Impact:</b>			
<b>Autumn Term:</b>			
<b>Spring Term:</b>			
<b>Summer Term</b>			

**UNICEF RIGHTS RESPECTING:**

Article 15 – freedom of association to join groups and meet with other children.

Article 29 – goals of education to develop talents and abilities to their full.

Article 31 – every child has the right to relax, play and take part in wider range of activities.